

Story Time 3/25/20

We read - The Unbudgeable Curmudgeon by Matthew Burgess, Illustrated by Fiona Woodcock
<https://rks.linkcat.info/app/work/1420974>



Then we drew pictures of ourselves as a curmudgeon, along with drawing what makes us grumpy or mad sometimes (social distancing is making Katie grumpy)

What makes you mad or grumpy?

Then we drew pictures of ourselves looking happy, along with drawings of what makes us feel better when we're mad/sad/frustrated. (Drawing + baking / eating cookies makes Katie feel better)

What makes you feel better when you're feeling angry or sad or frustrated?

The Curmudgeon kinda reminded us of a pom-pom! [Here's a tutorial on how to make one with yarn and cardboard:](#)



Other good books about feelings:

When Sadness is at your Door by Eva Eland: <https://rks.linkcat.info/app/work/1414177>

The Way I Feel by Janan Cain: <https://rks.linkcat.info/app/work/789982>

Alexander and the Terrible, Horrible, No Good, Very Bad Day: <https://rks.linkcat.info/app/work/77746>

When Sophie Gets Angry - Really, Really Angry by Molly Bang:

<https://rks.linkcat.info/app/work/752647>